



Welcome to Pre-K!



Mrs. Cali



Mrs. Reinhard



Mrs. Surprenant

Welcome to Pre-K! We are excited to partner with you and your child as we begin a wonderful year of learning, growth, and discovery. Our classrooms are warm, caring, and friendly environments where every child is valued and encouraged to learn at their own pace. We strive to create a safe space where children feel comfortable exploring, making new friends, building confidence, and developing a love for learning.

As your child prepares for Pre-K, there are several skills that can help them have a successful and confident start. We encourage families to practice **self-help skills** at home, such as putting on and taking off coats, managing backpacks, opening lunch containers, and cleaning up after themselves. Establishing and following simple **daily routines** can also help children adjust more easily to the structure of the school day.

Developing **fine motor skills** is another important part of school readiness. Activities such as coloring, drawing, using scissors, playing with playdough, building with blocks, and practicing name writing can help strengthen the small muscles needed for future writing tasks.

We also encourage children to work toward **bathroom independence**, including using public restrooms, managing clothing, flushing, washing hands thoroughly, and communicating their needs when necessary. These skills help children feel confident and allow them to participate fully in classroom activities.

We look forward to getting to know your child and working together to make this a positive and rewarding year. Thank you for your support and partnership. Together, we can help your child build the skills they need to thrive in Pre-K. Attached is a BINGO games that you may use to practice these skills. If your child completes the BINGO card there will be a PRIZE incentive!

Warmly,
The PreK Team

LITTLE HANDS, BIG FUTURES!

HELPING YOUR CHILD GROW STRONG, CONFIDENT & INDEPENDENT
— AT HOME, AT SCHOOL, AND EVERY DAY!

WELCOME TO PRE-K!

We're so excited to partner with you and your child this year! ❤️

Helping Your Child Feel Confident & Independent!



When coming into Pre-K, we are expecting children to be **completely independent** in the bathroom.

This means they can:

- Express when they need to use the bathroom
- In the case of an accident (which we completely understand can happen!), they are able to change themselves.



As Pre-K teachers, we are **not allowed** to help children in the bathroom.

Because of this, it's so helpful for children to have strong, independent bathroom skills.



A great way to help your child feel comfortable and confident being independent in the bathroom is by **practicing in real life!**

Try visiting places with public restrooms, such as restaurants, to help your child build confidence and independence. ❤️

Thank you for working together with us to support your child's growth and success in Pre-K! ❤️



STRONG ROUTINES BRIGHT FUTURES!

Every day routines help little learners grow!



Developing a consistent daily routine at home can really help children feel confident and prepared for school each day.

Simple routines for mornings, meals, bedtime, and clean-up help build independence and responsibility.



SIMPLE ROUTINES THAT MAKE A BIG DIFFERENCE!



MORNING ROUTINE

- Wake up at the same time
- Get dressed
- Eat breakfast
- Pack backpack
- Say goodbye with a smile!



MEALTIME ROUTINE

- Sit together
- Try new foods
- Use kind words
- Help set and clear the table



BEDTIME ROUTINE

- Take a bath
- Put on pajamas
- Read a book
- Say goodnight
- Get a good night's sleep



CLEAN-UP ROUTINE

- Put toys away
- Pick up books
- Keep our space clean
- Work together!

PRACTICE FOLLOWING DIRECTIONS

It is also helpful to practice following 2-3 step directions at home, such as:

"Please put your shoes away, wash your hands, and come to the table."



These small daily activities strengthen listening skills and help children transition more smoothly throughout the school day. ❤️

LITTLE HANDS DO BIG THINGS!

Try these fun and easy activities at home to build strong hands for fine motor skills, confidence, and future success!

1 SQUEEZE & STRENGTHEN



Play with play dough, silly putty, or stress balls. Squeezing, pinching, and rolling build strong hand muscles!

2 CLIP, PINCH & PICK UP



Use clothespins, tweezers, or tongs to pick up pom poms, cotton balls, or small toys. Great for hand strength and control!

3 BUILD, STACK & CREATE



Lego® bricks, stacking cups, or blocks help build hand strength and hand-eye coordination!

4 SORT, THREAD & LACE



String beads, pasta, or large buttons. Lacing activities improve focus, patience, and finger control!

5 DRAW, COLOR & DOODLE



Coloring, doodling, and drawing help strengthen the small muscles needed for writing!

6 USE SCISSORS (SAFELY!)



Cutting paper, play dough, or stickers helps build control and prepares hands for writing!

7 HELP AROUND THE HOUSE



Let your child help with simple tasks like wiping tables, squeezing sponges, stirring, or opening containers! Everyday tasks = stronger hands!

8 PLAY OUTSIDE & GET ACTIVE



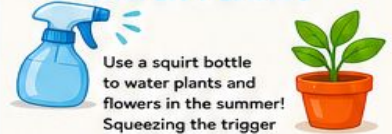
Digging, climbing, swinging, and playing at the playground build overall strength that supports fine motor skills!

9 MAKE IT FUN & BE POSITIVE!



Celebrate effort, not perfection! Encourage and cheer them on—confident kids try new things and keep growing!

SQUIRT & WATER PLANTS



Use a squirt bottle to water plants and flowers in the summer! Squeezing the trigger builds hand strength and control— and it helps your little gardener care for living things!



Little routines today build big confidence for tomorrow! ❤️

STRONG HANDS TODAY, BRIGHT FUTURES TOMORROW!

PRE-K SCHOOL READINESS

BINGO

Fun activities to build skills and independence!

DIRECTIONS: Complete each activity with your child and mark off the square.
Try to get **5 in a row** or complete the entire board!

Play with Play-Doh for 10 minutes



Use tweezers or clothespins to pick up 10 pom-poms



Build a creation with LEGOs or blocks



Practice cutting along a line with scissors



Draw a picture and color it neatly



String 10 beads onto a string



Dig and play in sand while using scoops and containers



Follow a 2-step direction (e.g., "Get your shoes and put them by the door.")

Follow a 3-step direction (e.g., "Pick up the book, put it on the shelf, and sit down.")

Put on and zip a jacket independently



Button or snap clothing independently



Use a public restroom with minimal assistance



FREE SPACE!

Wash hands independently using soap and water



Put away toys after playtime



Write first name or practice name writing



Open and close snack containers independently



Carry backpack independently



Put on shoes independently



Clean up after a craft or activity



Color within the lines of a picture



Build a tower with 20 blocks or LEGOs



Use tongs, tweezers, or clothespins during play



Dress independently for the day



Follow classroom-style directions during a game



FAMILY CHALLENGE: When your child gets BINGO, celebrate their hard work! These activities help build the independence, fine motor skills, and listening skills that support success in Pre-K.

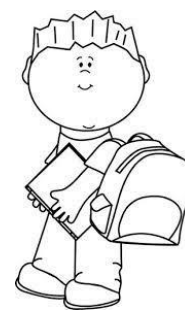
Child's Name: _____

Completed a BINGO on: _____





Welcome to Pre-K!



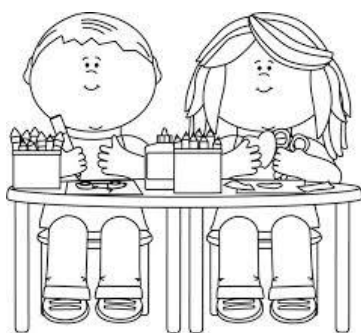
We are so excited that you will be joining us in Pre-K!!

Here are a few things that you will need to start the year off:

What is the Uniform in Pre-K?

Please see the paperwork attached for more information on the Pre-K uniform.

Students will be going outside every day so when the weather cools down, please send in appropriate layers for outdoor play. Maybe leave an extra sweater in your child's backpack, too.



What do you need to bring to school?

Students should come to school each day with a BACKPACK that they can open and close on their own. The backpack should be able to fit their lunchbox, two snacks, and a water bottle. Students will need headphones for technology as well. We will provide the rest of the supplies needed! A classroom wish list for basic household items and miscellaneous items will be available at our Pre-K Open House.

What about an extra set of clothes?

Please send in an extra set of clothes for your child in a small plastic shoe box. Please label all clothes you send in as well as the outside of the bin. We would like a full change of clothes including pants, underwear, socks, and shirt. If your child's clothes come home, please send in a new set the following day. These clothes will be stored in your child's cubby from September-June in case of emergencies. You may want to bring your child's extra clothes box on visit day to alleviate heavy backpacks on our first day together! **Please note: this extra set of clothes does not need to be another full set of the official uniform. It can simply be blue sweatpants and a gray t-shirt.**

What should students bring to school for snack and lunch?

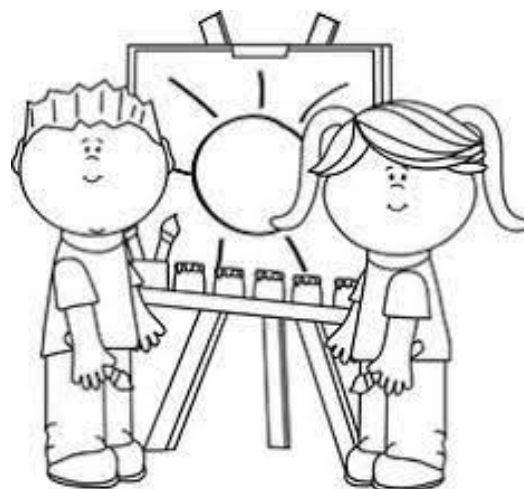
We love to see healthy choices every day! Students should bring two snacks and two drinks each day for morning and afternoon snack times. The drink could be a reusable water bottle labeled with your child's first and last name. It helps if snacks are labeled and kept in a separate bag from their lunch. (A gallon sized Ziploc works great.) For lunch, your child can bring a lunch and drink from home or purchase lunch from our lunch provider, Just Like Home. The meals are ordered online in advance and delivered to the classroom. More information about ordering lunches will be provided along with a weekly menu to plan your orders. Please keep in mind that St. Michael School is a *peanut and tree nut free school* when packing snacks. (Tree nuts include products containing *Brazil nuts, almonds, cashews, pistachios, walnuts, pecans, and hazelnuts.*) If you send sun-butter we ask that you label it so we can confirm it is peanut and tree nut free. You may begin to practice opening and closing drinks, snacks, containers, and pouches with your child this summer that you plan to send in with them for the fall so they can be almost completely independent when it comes to preparing and cleaning up from snack.

What about toys from home?

We understand that your child may be a little nervous about starting school and they may want to bring their “love” to school with them. Instead, we recommend you send a family photo in so they can have it for comfort if needed. We request all toys from home stay at home since we have so many engaging toys and materials to share in the classroom. Plus, we would never want something to happen to a special something from home!

Will the students be able to visit any specialists?

Our Pre-k students will participate in a daily special. This year, the students in Pre-k will attend physical education, music, art, technology, and STEM! We will send home a schedule at the start of the year with more details.



When can you visit your classroom?

You can stop by the school on August 28th between 10-11a.m. to visit our classroom with your child. This is an informal visit just to get the kids comfortable with the school.

When do regular Pre-K classes begin?

- All Pre-K sessions will start on Monday, August 31st with a half-day from 9-12:05 PM without parents. Tuesday, September 1st & Wednesday, September 2nd will be full days from 9-3:05 PM and Thursday, September 3rd will be a half day from 9-12:05 PM

What should you do to get ready for Pre-K?

Have fun! Enjoy your summer with friends and family. Play, run, jump, and do all of the wonderful things that summer brings your way so you will be ready to step into our classrooms full of life, wonder, and excitement.

Have a wonderful summer! We look forward to seeing you soon!

Love,

Mrs. Cali, Mrs. Reinhard and Mrs. Surprenant

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UNIFORM POLICY 2026-2027

Students are to be dressed in uniform from the time they enter the school property until they leave it.

- Skirt hemlines must reach the knee.
- Walking shorts must be at or just above the knee to be deemed appropriate.
- Students will remove hats before entering the school.
- **Uniform short/pants must be a formal uniform dress pant (no leggings, cargo shorts, sweatpants, etc.)** Uniform pants/shorts usually have side pockets, belt loops and are similar to a “Dockers” brand. Jogger pants and leggings are NOT uniform pants and should not be worn.
- Students should wear sneakers or dress shoes to school daily. We do not allow Crocs, clogs, sandals, slides, Ugg slippers, flip-flops, slippers, etc.

APPROVED UNIFORM VENDORS

LandsEnd and Donnelly Uniforms are the two approved uniform vendors for Saint Michael School. All logo uniform items must be purchased from one of these two vendors. Uniform bottoms, belts, socks and tights may be purchased from the approved vendors, or any other retailer of choice. Please keep in mind that depending on grade, uniform bottoms will need to be navy or khaki in color. While light or dark Khaki is acceptable, they should not be green.

NURSERY AND PRE-K UNIFORM

All nursery and Pre-K students are required to purchase official school uniforms from Landsend or Donnelly Uniforms. The uniform is a gym uniform daily with school logos on all uniform pieces. They will wear sneakers daily.

GYM UNIFORM

All gym clothes must bear the Saint Michael School logo. Gym uniforms should be purchased from one of our approved vendors. Students must wear neat and clean sneakers.

BOTTOMS - navy sweatpants, navy warm-up pants or navy gym shorts with logo.

TOPS - grey t-shirt (short or long sleeve), navy sweatshirt (crew neck or hoodie) or navy warm-up jacket with hoodie.

UNIFORM PROVIDERS

Lands End

landsend.com/school | Toll Free: 800-469-2222

School Number: 900189481

Donnelly Uniforms

<https://www.donnelysclothing.com/>

GIRLS	
November 1 - March 31	September - October 31 / April 1 - June
<p>Nursery and Pre-K BOTTOM - navy uniform jogger sweatpants (with logo) TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck) (All contain our school logo) SHOES - sneakers</p>	<p>Nursery and Pre-K BOTTOM - navy uniform jogger sweatpants (with logo) or shorts (with logo) TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck) (All contain our school logo) SHOES - sneakers</p>
<p>Kindergarten - Grade 4 BOTTOM - navy uniform pant or skort TOP - light blue or white polo (short or long sleeve) with SMS logo OPTIONAL - jumper, blue blouse and navy tie SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo SHOES - sneakers or dress shoes</p>	<p>Kindergarten - Grade 4 BOTTOM - navy uniform pant, skort or short TOP - light blue or white polo (short or long sleeve) with SMS logo OPTIONAL - jumper, blue blouse and navy tie SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo SHOES - sneakers or dress shoes</p>
<p>Grades 5-8 BOTTOMS - khaki uniform pant, skirt or skort TOP - navy polo (short or long sleeve) with SMS logo SWEATER - navy cardigan, pullover, v-neck or vest with SMS logo SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo SHOES - sneakers or dress shoes BELT - encouraged, non-distracting</p>	<p>Grades 5-8 BOTTOMS - khaki uniform pant, skirt, skort or short TOP - navy polo (short or long sleeve) with SMS logo SWEATER - navy cardigan, pullover, v-neck or vest with SMS logo SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo SHOES - sneakers or dress shoes BELT - encouraged, non-distracting</p>

BOYS	
November 1 - March 31	September - October 31 / April 1 - June
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2026 Summer Reading BINGO Grades Nursery, Pre-K and Kindergarten

Being read to by a parent, sibling, grandparent, friend, etc. all count!!!!

Optional Summer Reading Program- We hope you participate but please know there is no stress and no pressure!
Have fun and enjoy summer!

Name _____ Teacher _____ Total Bingo _____

5 in a row- down/across/diagonal = BINGO

How many Bingo games did you win? Circle Please:







1 Bingo = 1 no uniform pass

2 Bingo = 2 no uniform passes

3 Bingo = 3 no uniform passes

4 bingo = 4 no uniform passes

5+Bingo = 5 no uniform passes

Read at the beach 	Read a book that rhymes	Read the alphabet or some sight words you know	Read in the dark with a flashlight 	Read with a relative
Read a favorite story	Read in the bathtub	Read in someone else's bed	Ask someone to read to you in a silly voice	Read to a pet or your stuffed animal
Read early in the morning	Read wearing sunglasses 	FREE SPACE	Recite a nursery rhyme that you know	Read under the stars 
Read while on vacation or a day trip	Read a story from the children's bible	Read from a magazine	Read in bed 	Read while having a picnic
Read while wearing your bathing suit	Read while having a snack	Read with a hat on 	Read a book about animals	Read a fairy tale