



# Welcome to Nursery!



Mrs. Siddiqui



Mrs. McGovern

We are so excited to have your family join our nursery school community this September and cannot wait to begin a wonderful year together. Our classroom is a warm and caring environment where children will learn, grow, play, and build new friendships. Over the summer, it can be beneficial for your child to practice age appropriate skills, such as using the bathroom independently and opening their own snack to help make the transition to school smoother and more successful. Talking positively about school and keeping consistent routines at home can also help your child feel confident and comfortable. Please take some time over the summer to review the information sheet that follows, as it includes helpful tips to support your child as they begin nursery school. In addition, there is a BINGO page that you may use to practice these skills. If your child completes the BINGO card, they can earn a prize! We look forward to meeting you at our open house in the fall!

Warmly,  
The Nursery School Team



# Strong Foundations for Nursery!



Every day routines help little learners grow and thrive!

Developing foundational habits at home can really help nursery children feel confident and successful each day.

Consistent support for routines, manners, and independence helps build essential life skills.



## Essential Habits for Little Learners!

### Bathroom Independence



#### Building Confidence with Self-Care

- Use the toilet independently.
- Pull pants up and down.
- Wipe on their own.
- Change clothes without help (if accidents happen).



### Teach Respect



#### Modeling Kind Words & Actions

- Model using kind words ("please", "thank you") and encourage your child.
- Practice taking turns (in conversations & games like Go-Fish).
- Role-play situations (sharing toys, asking for help).



### Encourage Independence



#### Letting Your Child Take the Lead

- Let your child try tasks first before stepping in to help.
- Encourage self-care skills (putting on shoes, opening snacks).
- Give small responsibilities (packing snacks, setting the table).

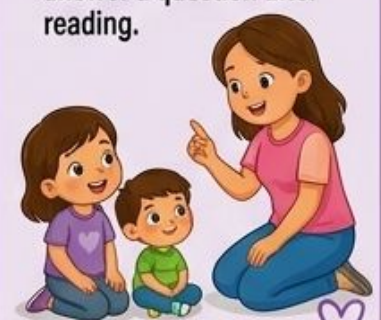


### Practice Listening



#### Strengthening Attention & Focus

- Give simple multi-step directions ("Please put your shoes on and wait by the door").
- Play games like Simon Says or Red Light, Green Light.
- Encourage making eye contact when spoken to.
- Retell a story part or answer a question after reading.



Little routines today build big confidence for tomorrow!  
Partner with us for a bright start!



Thank you for being your child's first partner in learning!

# NURSERY SCHOOL READINESS

# BINGO

Fun activities to build independence and confidence!

**DIRECTIONS:** Complete each activity with your child and mark off the square. Try to get **5 in a row** or complete the entire board!

Play with Play-Doh for 10 minutes



Use tweezers or tongs to pick up 10 objects



Build a tower with blocks



Practice cutting paper with scissors



Draw a picture and tell someone about it



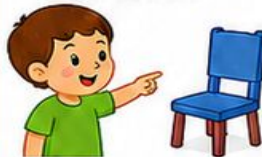
Wash hands independently



Put toys away when finished



Follow a 1-step direction



Put on shoes with help



Practice taking turns during a game



Use kind words ("please" and "thank you")



Sit and listen to a story



Help clean up after a meal



Carry own backpack



Pull pants up and down independently



Open a snack container



Put dirty clothes in the hamper



Help set the table



Practice waiting patiently for a turn



Use the toilet independently



Dress independently (or with minimal help)



Follow a simple bedtime routine



Answer a question about a story



Put away art supplies after use



**FAMILY CHALLENGE:** When your child gets **BINGO**, celebrate their hard work! These activities help build independence, confidence, listening skills, and readiness for nursery school.

Child's Name: \_\_\_\_\_

Completed a **BINGO** on: \_\_\_\_\_



Dear Incoming Nursery Parents and Students,

We are so excited that school is starting soon! We cannot wait to meet you and begin our year together. We know that our littlest learners have some worries...and maybe grownups too if it's the first time in a school setting. We want to reassure you that we have an exciting and fun year planned.

On Friday, August 28th from 10:00-11:00 am we will be hosting a Meet & Greet so you can visit the classroom. This is an informal visit to help get the kids comfortable with the school. Feel free to come at any time during that 1-hour window!

Below you will find some specific information that seems to be our frequently asked questions list. Feel free to email the school with any other questions you have or call the school directly at 978-686-1862.

### **Bag/Backpack**

Students should come to school each day with a big enough backpack to fit a folder that measures 10 x 12 inches (folder will be provided by teacher). They should be able to open and close the backpack on their own. The backpack should be able to fit their lunch box, snacks and water bottle.

### **Bathroom**

To ensure a positive and successful experience for all children, we require that all students entering our Nursery classrooms be fully potty trained. This means:

- Children must be able to recognize when they need to use the bathroom and get there in time
- Children must be fully independent with bathroom routines, including wiping after a bowel movement
- If an accident occurs, your child must be able to change their own clothes without any adult assistance

### **Extra Clothes**

Please send in an extra set of clothes with your child to be stored in their cubbies for the school year in case of accidents. This set of clothes **does not** need to be the official uniform. Navy blue sweatpants/shorts and a gray t-shirt from Target/Walmart/Old Navy/etc. are acceptable for their spare set. We would like you to send 1 pair of pants, 1 pair of shorts, 2 pairs of underwear, 1 pair of socks, and 1 shirt. If your child's clothes come home, please send in a new set the following day. Please label all clothes you send into school in a large Ziploc bag which will fit perfectly in the cubbies. You are welcome to bring your child's extra clothes on August 28th during the informal classroom visit.

### **Supplies**

The teachers will provide all school supplies for your child. However, we always need baby wipes, tissues, hand sanitizer pumps, and paper towels for the classroom. Any donations would be greatly appreciated!

## **Snack and Lunch**

Students should bring a snack and a refillable water bottle each day for their morning snack. For those students who will be staying for our Afternoon Bunch Program, please send in an additional snack. It helps if these are labeled and kept in a separate bag from their lunch (a gallon sized Ziploc works great). We love to see healthy choices every day!

Please keep in mind that Saint Michael School is a peanut and tree nut free school when packing snacks. (Tree nuts include Brazil nuts, almonds, cashews, pistachios, walnuts, pecans, and hazelnuts). If you send your child with SunButter please label it.

If your child is still working on opening packages, we recommend that you open the package and place it in a Ziploc bag. Please peel fruits at home before sending them to school. Nursery students may also purchase lunch from our lunch provider, Just Like Home.

## **Toys from Home**

We understand that your child may be a little nervous about starting school and they may want to bring their “stuff” to school with them. We ask that you do not do this as we would not want anything to happen to it at school. We have many engaging toys in each classroom that we will not need any toys from home.

## **Specials**

Our nursery students will participate in a daily special. This year, students will attend physical education, music, art, and STEM.

## **Uniform Policy**

Students entering nursery school are required to wear the official SMS gym uniform daily. Students will be going outside every day that weather permits so please send in appropriate layers for outdoor play. The nursery clothing regulations are as follows:

September - October 31st & April 1st - June

- Navy blue sweatpants or mesh gym shorts with SMS logo
- Gray shirt with SMS logo (short or long sleeve)
- Sneakers must be worn every day (no sandals, flip flops, crocs, etc.)

November 1st - March 31st

- Navy blue sweatpants with SMS logo
- Gray shirt with SMS logo (short or long sleeve)
- Sneakers must be worn every day (no sandals, flip flops, crocs, etc.)

Navy blue crewneck sweatshirt and sweaters with SMS logo can be worn anytime throughout the school year.

We look forward to seeing you very soon!

Erin Siddiqui  
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Amy McGovern  
[Amy\\_McGovern@saintmichael.com](mailto:Amy_McGovern@saintmichael.com)

## 2026 Summer Reading BINGO Grades Nursery, Pre-K and Kindergarten

Being read to by a parent, sibling, grandparent, friend, etc. all count!!!!

Optional Summer Reading Program- We hope you participate but please know there is no stress and no pressure!  
Have fun and enjoy summer!

Name \_\_\_\_\_ Teacher \_\_\_\_\_ Total Bingo \_\_\_\_\_

**5 in a row- down/across/diagonal = BINGO**

**How many Bingo games did you win? Circle Please:**







1 Bingo = 1 no uniform pass

2 Bingo = 2 no uniform passes

3 Bingo = 3 no uniform passes

4 bingo = 4 no uniform passes

5+Bingo = 5 no uniform passes

Read at the beach 	Read a book that rhymes	Read the alphabet or some sight words you know	Read in the dark with a flashlight 	Read with a relative
Read a favorite story	Read in the bathtub	Read in someone else's bed	Ask someone to read to you in a silly voice	Read to a pet or your stuffed animal
Read early in the morning	Read wearing sunglasses 	<b>FREE SPACE</b>	Recite a nursery rhyme that you know	Read under the stars 
Read while on vacation or a day trip	Read a story from the children's bible	Read from a magazine	Read in bed 	Read while having a picnic
Read while wearing your bathing suit	Read while having a snack	Read with a hat on 	Read a book about animals	Read a fairy tale

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## UNIFORM POLICY 2026-2027

Students are to be dressed in uniform from the time they enter the school property until they leave it.

- Skirt hemlines must reach the knee.
- Walking shorts must be at or just above the knee to be deemed appropriate.
- Students will remove hats before entering the school.
- **Uniform short/pants must be a formal uniform dress pant (no leggings, cargo shorts, sweatpants, etc.)** Uniform pants/shorts usually have side pockets, belt loops and are similar to a “Dockers” brand. Jogger pants and leggings are NOT uniform pants and should not be worn.
- Students should wear sneakers or dress shoes to school daily. We do not allow Crocs, clogs, sandals, slides, Ugg slippers, flip-flops, slippers, etc.

### APPROVED UNIFORM VENDORS

LandsEnd and Donnelly Uniforms are the two approved uniform vendors for Saint Michael School. All logo uniform items must be purchased from one of these two vendors. Uniform bottoms, belts, socks and tights may be purchased from the approved vendors, or any other retailer of choice. Please keep in mind that depending on grade, uniform bottoms will need to be navy or khaki in color. While light or dark Khaki is acceptable, they should not be green.

### NURSERY AND PRE-K UNIFORM

All nursery and Pre-K students are required to purchase official school uniforms from Landsend or Donnelly Uniforms. The uniform is a gym uniform daily with school logos on all uniform pieces. They will wear sneakers daily.

### GYM UNIFORM

All gym clothes must bear the Saint Michael School logo. Gym uniforms should be purchased from one of our approved vendors. Students must wear neat and clean sneakers.

BOTTOMS - navy sweatpants, navy warm-up pants or navy gym shorts with logo.

TOPS - grey t-shirt (short or long sleeve), navy sweatshirt (crew neck or hoodie) or navy warm-up jacket with hoodie.

### UNIFORM PROVIDERS

Lands End

landsend.com/school | Toll Free: 800-469-2222

**School Number: 900189481**

Donnelly Uniforms

<https://www.donnelysclothing.com/>

<b>GIRLS</b>	
November 1 - March 31	September - October 31 / April 1 - June
<p><b>Nursery and Pre-K</b>            BOTTOM - navy uniform jogger sweatpants (with logo)            TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck)            (All contain our school logo)            SHOES - sneakers</p>	<p><b>Nursery and Pre-K</b>            BOTTOM - navy uniform jogger sweatpants (with logo) or shorts (with logo)            TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck)            (All contain our school logo)            SHOES - sneakers</p>
<p><b>Kindergarten - Grade 4</b>            BOTTOM - navy uniform pant or skort            TOP - light blue or white polo (short or long sleeve) with SMS logo            OPTIONAL - jumper, blue blouse and navy tie            SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes</p>	<p><b>Kindergarten - Grade 4</b>            BOTTOM - navy uniform pant, skort or short            TOP - light blue or white polo (short or long sleeve) with SMS logo            OPTIONAL - jumper, blue blouse and navy tie            SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes</p>
<p><b>Grades 5-8</b>            BOTTOMS - khaki uniform pant, skirt or skort            TOP - navy polo (short or long sleeve) with SMS logo            SWEATER - navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes            BELT - encouraged, non-distracting</p>	<p><b>Grades 5-8</b>            BOTTOMS - khaki uniform pant, skirt, skort or short            TOP - navy polo (short or long sleeve) with SMS logo            SWEATER - navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes            BELT - encouraged, non-distracting</p>

<b>BOYS</b>	
November 1 - March 31	September - October 31 / April 1 - June
<p><b>Nursery and Pre-K</b>            BOTTOM - navy uniform jogger sweatpants (with logo)            TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck)            (All contain our school logo)            SHOES - sneakers</p>	<p><b>Nursery and Pre-K</b>            BOTTOM - navy uniform jogger sweatpants (with logo) or shorts (with logo)            TOP – uniform grey t-shirt (short/long sleeve), navy sweatshirt (crew neck)            (All contain our school logo)            SHOES - sneakers</p>
<p><b>Kindergarten - Grade 4</b>            BOTTOM - navy uniform dress pant            TOP - light blue or white polo (short or long sleeve) with SMS logo            SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes</p>	<p><b>Kindergarten - Grade 4</b>            BOTTOM - navy uniform dress pant or dress short            TOP - light blue or white polo (short or long sleeve) with SMS logo            SWEATER – navy cardigan, pullover, v-neck or vest with SMS logo            SWEATSHIRT – navy pullover, 1/4 zip or hoodie with SMS logo            SHOES - sneakers or dress shoes</p>
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