



Today your child received their first Kindness Coin on U Matter Monday. What are U Matter Mondays and Kindness Coins you ask?

U Matter Monday will occur the first Monday of every month until June, and just like the first day of school, faculty and staff will dress in their blue U Matter Polo shirts as a visual reminder to the students that we should treat others the way we would like to be treated. Each U Matter Monday your child will receive a Kindness Coin (as shown above) at the end of the school day from their homeroom teacher.

What are Kindness Coins? They are an initiative to promote kindness in our community.

The first wave of Kindness Coins were distributed to all students today. Each student received ONE. We have instructed the children to bring the coin home, tell their parents about this idea and *with permission from their parents*, the student has been encouraged to give the coin to someone outside of school who has shown them kindness by the end of the month. The coins are NOT to come back to school. The coins are intended to be given to someone outside of the SMS community. For example: A coach, a dance teacher, a babysitter, a grandparent, the bus driver, the person who bagged your groceries. We hope the person your child shares the coin with will know that it means they are appreciated. And maybe the person they give it to, will want to pass the coin along and make someone else's day. Everyone wants to know they are valued, appreciated and that *they matter!*

We Want To Hear From You!

If your child does give a kindness coin to someone who has shown them a kindness, please encourage your child to share their stories in writing or pictures with their homeroom teacher, Mrs. Gosselin, Sue Rogge, Mrs. Donahue or one of the U Matter Moms. We would love to celebrate them! With your child's permission, we might have them read their experience on the U Matter Minute, publish them in the school newsletter, feature them on the U Matter Bulletin Board in the atrium for all to see or your child might be asked to read their experience over the school loud speaker after morning prayers.

***This is a game of pay-it-forward: It's easy and fun. Is kindness truly contagious?
There's only one way to find out ... Kindness - pass it on!***